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Aqueductal cerebrospinal fluid pulsatility in healthy individuals is affected by impaired cerebral venous outflow

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Aqueductal cerebrospinal fluid pulsatility in healthy individuals is affected by impaired cerebral venous outflow

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Aqueductal cerebrospinal fluid pulsatility in healthy individuals is affected by impaired cerebral venous outflow

Abstract

Purpose: To investigate cerebrospinal fluid (CSF) dynamics in the aqueduct of Sylvius (AoS) in chronic cerebrospinal venous insufficiency (CCSVI) positive and negative healthy individuals using cine phase contrast imaging.

Materials and Methods: Fifty one healthy individuals [32 CCSVI negative and 19 age-matched CCSVI positive subjects] were examined using Doppler sonography (DS). Diagnosis of CCSVI was established if subjects fulfilled ≥ 2 venous hemodynamic criteria on DS. CSF flow and velocity measures were quantified using a semi-automated method and compared with clinical and routine 3T MRI outcomes.

Results: CCSVI was associated with increased CSF pulsatility in the AoS. Net positive CSF flow was 32% greater in the CCSVI positive group compared with the CCSVI negative group ($p=0.008$). This was accompanied by a 28% increase in the mean aqueductal characteristic signal (i.e. the AoS cross-sectional area over the cardiac cycle) in the CCSVI positive group compared with the CCSVI negative group ($p=0.021$).

Conclusion: CSF dynamics are altered in CCSVI positive healthy individuals, as demonstrated by increased pulsatility. This is accompanied by enlargement of the AoS, suggesting that structural changes may be occurring in the brain parenchyma of CCSVI positive healthy individuals.

Keywords: CSF dynamics, CCSVI, cerebral venous outflow, aqueduct of Sylvius, healthy individuals, lateral ventricle volume

Introduction

Recently it has been suggested that abnormalities of the venous system might be associated with multiple sclerosis (MS) (1-5). This has led some to postulate the concept of chronic cerebrospinal venous insufficiency (CCSVI) as an indicator of neurovascular pathology. However, a number of studies have shown that CCSVI also occurs in healthy individuals with unknown pathology (4,6,7), leading many to question its validity (8-13). Criticism has been levelled at the concept of CCSVI because it implies an abnormal cerebral venous drainage system. In reality, humans exhibit great variability in the venous system, making it difficult to differentiate what is normal from what is abnormal (14,15). Hydrodynamic analysis of the cerebral venous outflow has shown that patients with MS exhibit increased hydraulic resistance to extracranial venous blood flow compared with healthy controls (16,17). Furthermore, several studies have shown that MS is associated with increased cerebrospinal fluid (CSF) pulsatility in the aqueduct of Sylvius (AoS) (18-20). Although Zamboni et al (19) observed increased CSF pulsatility in MS patients diagnosed with CCSVI, it is not known if the two phenomena are linked. Indeed, it may be that increased CSF pulsatility in MS patients is primarily due to ventricular enlargement associated with brain atrophy (21,22).

In a similar manner to individuals with MS, patients with normal pressure hydrocephalus (NPH) appear to exhibit increased AoS pulsatility (23-28). Given that NPH is thought to be associated with venous hypertension in the dural sinuses (29,30), it may be that impaired cerebral venous outflow alters the dynamics of the intracranial CSF system, irrespective of any pathology. In

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3 order to test this hypothesis, we undertook a study involving 51 age-matched
4 healthy individuals with no family history of MS. The aim of the study was
5 simply to evaluate whether or not CCSVI is associated with changes in the
6 dynamics of the intracranial CSF system in healthy individuals without any
7 known neurological condition.
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19 **Materials and methods**

20 Patient population

21 Fifty one healthy individuals [32 CCSVI negative and 19 CCSVI positive] were
22 enrolled in this study. They were part of a larger study that investigated the
23 relationship between CCSVI and conventional MRI characteristics in MS
24 patients and healthy individuals (31). Inclusion criteria were: age 18 to 75
25 years, undergoing Doppler sonography (DS) and MRI scan with cine phase
26 contrast imaging for CSF flow estimation. Relevant information relating to:
27 vascular risk factors [body mass index (BMI), hypertension, heart disease and
28 smoking] was also collected. The individuals also needed to qualify on a
29 health screening questionnaire containing information about medical history
30 (illnesses, surgeries, medications, etc.) and meet the health screen
31 requirements for MRI on physical examination, as previously described
32 (4,31,32). Exclusion criteria were: pre-existing medical conditions known to
33 be associated with brain pathology (e.g. cerebrovascular disease, positive
34 history of alcohol abuse, etc.), history of cerebral congenital vascular
35 malformations, type 1 diabetes, or pregnancy.
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3 All participants underwent clinical, DS and MRI examinations. The study was
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5 approved by the local Institutional Review Board and informed consent was
6
7 obtained from all subjects.
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10 11 12 13 14 Doppler sonography

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16 Extra- and trans-cranial DS was performed on a color-coded DS scanner
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18 (MyLab 25; Esaote-Biosound, Irvine, California) equipped with a 5.0- to 10-
19
20 Mhz transducer to examine venous return in the internal jugular veins (IJVs)
21
22 and vertebral veins (VVs). The DS examination was performed by 2 trained
23
24 technologists who were blinded to the subjects' characteristics. The detailed
25
26 scanning protocol and validation were recently reported (4,33). Briefly, the
27
28 following 5 VH (venous hemodynamic) parameters indicative of CCSVI were
29
30 investigated: 1) Reflux/bidirectional flow in the IJVs and/or in the VVs in sitting
31
32 and in supine positions, defined as flow directed towards the brain for a
33
34 duration of >0.88 s; 2) Reflux/bidirectional flow in the deep cerebral veins
35
36 defined as reverse flow for a duration of 0.5 s in one of the intra-cranial veins;
37
38 3) B-mode abnormalities or stenoses in IJVs. IJV stenosis is defined as a
39
40 cross-sectional area (CSA) of this vein ≤ 0.3 cm²; 4) Flow that is not Doppler-
41
42 detectable in IJVs and/or VVs despite multiple deep breaths, and 5) Reverted
43
44 postural control of the main cerebral venous outflow pathway by measuring
45
46 the difference of the CSA of the IJVs in the supine and upright positions. A
47
48 subject was considered CCSVI-positive if ≥ 2 VH criteria were fulfilled, as
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50 previously proposed (1). We also calculated the VH insufficiency severity
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52 score (VHISS) as a measure of CCSVI severity (19). The overall VHISS score
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3 is the weighted sum of the scores contributed by each individual VH criterion
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5 (i.e. $VH_{ISS} = VH_{ISS1} + VH_{ISS2} + VH_{ISS3} + VH_{ISS4} + VH_{ISS5}$). The VH_{ISS}
6
7 score is an ordinal measure of the overall extent and number of VH flow
8
9 pattern anomalies, with a higher value of VH_{ISS} indicating a greater severity
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11 of VH flow pattern anomalies. The minimum possible VH_{ISS} value is 0 and
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13 the maximum 16.
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20 21 MRI acquisition and analysis

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23 All subjects were examined on a 3 Tesla GE Signa Excite HD 12.0 Twin
24
25 Speed scanner (General Electric, Milwaukee, WI). All sequences were run on
26
27 an 8-channel head and neck (HDNV) coil. All analyses were performed in a
28
29 blinded manner.
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34 MRI sequences included 3D high resolution (HIRES) T1-WI using a fast
35
36 spoiled gradient echo (FSPGR) with magnetization-prepared inversion
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38 recovery (IR) pulse and cine phase contrast imaging for CSF flow estimation.
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40 Pulse sequence characteristics for 3D T1 sequence were: a 256 x 256 matrix
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42 and a 25.6 cm field of view (FOV) for an in-plane resolution of 1 x 1 mm² with
43
44 a phase FOV (pFOV) of 75% and one average. Sequence specific
45
46 parameters were: 1-mm thick slices with no gap, echo time/inversion
47
48 time/repetition time (TE/TI/TR)=2.8/900/5.9 ms, flip angle (FA)=10°. On 3D
49
50 t1, the SIENAX cross-sectional software tool (version 2.6;
51
52 <http://fsl.fmrib.ox.ac.uk/fsl/fslwiki/SIENA>) was used to estimate normalized
53
54 brain volume (NBV) and normalized lateral ventricular volume (NLVV), as
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3 previously described (34). Prior to segmentation, the 3D T1 WI was modified
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5 using an in-house developed inpainting tool to avoid the impact of T1
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7 hypointensities.
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14 CSF flow quantification was performed using a single slice cine phase-
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16 contrast velocity-encoded pulse-gated gradient echo sequence (cine PC) with
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18 an TE/TR of 7.9/40 ms, a slice thickness of 4 mm, a velocity encoding of 20
19
20 cm/s, and 32 phases acquired corresponding to the cardiac cycle (18). Other
21
22 relevant scan parameters included a FA of 20°, FOV 10.0 cm, and a phase
23
24 FOV of 100%. A sagittal T2-weighted fast SE sequence was also acquired as
25
26 a localizer for the cine PC prescription, as previously described, with the cine
27
28 PC sequence prescribed as an oblique axial slice through the AoS (18). All
29
30 subjects underwent the MRI exam during the same time of day (in the
31
32 afternoon hours) to control for circadian variation. The cine PC sequence was
33
34 acquired with the AoS in the center of the FOV, such that the wrap around
35
36 artifact was present in the edges of the FOV, but did not overlap with the
37
38 desired ROI. To ensure reproducibility, repeat scans were performed as
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40 described in Magnano et al (18).
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50 Cine phase contrast image analysis

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52 The net positive and net negative flows (NPF and NNF), together with the net
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54 flow ($NF = NNF + NPF$) were calculated, as previously described (18). Briefly,
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56 CSF flow data was processed using GE ReportCard software (version 3.6;
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3 General Electric, GE, Milwaukee, WI) and positive and negative velocities
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5 over all 32 phases were recorded. A semi-automated minimum area of
6
7 contour change (MACC) program was used to correct the ROIs for each
8
9 phase, as previously described (18). MACC automatically determined the
10
11 edges of an ROI by selecting a surrounding iso-contour curve which marks
12
13 the steepest overall gradient of image intensity values, with sub-voxel
14
15 accuracy. NPF and NNF were calculated using only the phases which have
16
17 positive and negative velocities, respectively (18). The respective CSF flow
18
19 rates were calculated by multiplying the measured CSF velocities by the
20
21 measured CSA of the AoS over the cardiac cycle. CSF flow measures are
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23 presented in microliters per beat ($\mu\text{L}/\text{beat}$, $1\mu\text{L} = 1\text{mm}^3$), while CSF velocity
24
25 measures are presented in cm/s. CSF flow direction was calculated based on
26
27 slice prescription such that flow through the AoS out of the slice (during
28
29 diastole, towards the third ventricle) was given as positive, whereas flow into
30
31 the slice (during systole, towards the fourth ventricle) was negative, as
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33 described previously (18).
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40 Statistical analysis

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42 Analysis was undertaken using the Statistical Package for Social Sciences
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44 (SPSS, IBM, Armonk, New York, USA) and in-house algorithms written in
45
46 Matlab (Mathworks, Natick, Mass). The demographic and clinical differences
47
48 between the CCSVI positive and negative groups were tested using the chi-
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50 square test and Student's t-test, while analysis of the MRI data was
51
52 undertaken using the Mann-Whitney rank sum test. CSF flow differences
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3 between the study groups were evaluated using the Mann–Whitney rank sum
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6 test. In order to assess the impact of a CCSVI diagnosis on aqueductal
7
8 behavior, for each subject we divided the sequential CSF flow signal by the
9
10 sequential CSF velocity signal, to produce the aqueductal characteristic signal
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12 (ACS), shown in Figure 3, which represents the changes in the AoS cross-
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14 sectional area throughout the cardiac cycle. This is identical to the cross
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16 sectional area of the AoS as calculated by MACC at each instantaneous
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18 phase of the cardiac cycle. Values of $p < 0.05$ using a two-tailed test were
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20 considered statistically significant after the Benjamini-Hochberg (35)
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22 correction for multiple comparisons was applied.
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28 The following analysis techniques were also employed:
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- 33 1. Correlation matrices (Pearson's r) were computed for the CCSVI
34 positive and negative groups, to identify changes in the
35 relationships between the variables within the dataset. Statistical
36 significance was determined using a two-tailed Fisher r -to- z
37 transformation.
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- 40 2. Singular value decomposition (SVD) analysis was used to visualize
41 the differences between the CCSVI positive and negative groups,
42 and also to generate sensitivity and specificity scores.
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53 In order to perform singular value decomposition (SVD) the data, we created
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55 a $(m \times 3)$ matrix, \mathbf{Z} , containing the data for both the CCSVI negative and
56
57 positive groups. The columns of the \mathbf{Z} matrix comprised the variables NNF,
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3 NPF and NLVV, which we mean-adjusted and standardized to unit variance.
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5 SVD was then performed on \mathbf{Z} as follows:
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$$Z = U.S.V^T \quad (1)$$

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14 where: \mathbf{U} is a ($m \times 3$) left singular vector (LSV) matrix with identical
15 dimensions to \mathbf{Z} ; \mathbf{S} is a (3×3) singular value (SV) matrix; and \mathbf{V} is a (3×3)
16 right singular vector (RSV) matrix. In \mathbf{U} , the columns (LSVs) are orthogonal
17 composites of the three original variables in \mathbf{Z} , with the rows equating to the
18 participants in the study. Plotting the individual LSVs against each other
19 produced scatter plots of the orthogonalized data. By identifying the elements
20 of \mathbf{U} that belong to the CCSVI negative and positive cohorts, respectively, it
21 was possible to perform cluster analysis.
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35 Results

36 Demographic and clinical characteristics

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38 Table 1 shows demographic, clinical and conventional MRI characteristics of
39 the CCSVI positive and negative groups. There were no significant age- or
40 sex- differences between the CCSVI positive and negative subjects, with no
41 significant difference between the NBV. No significant differences were found
42 between the two groups regarding: BMI; hypertension; heart problems; and
43 smoking habit. There were however significant differences for VH criteria
44 score ($p < 0.0001$) and VHISS score ($p < 0.0001$) between the CCSVI positive
45 and negative cohorts.
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Time series analysis

Figures 1 and 2 present average time series signals for CSF flow and velocity in the AoS over a cardiac cycle. From these it can be seen that the CCSVI positive individuals exhibit increased pulsatility, in both the flow and velocity signals. While there was no significant difference between the CSF velocity signals for the two groups, the peak positive flow rate (towards the lateral ventricles) was significantly greater ($p=0.023$) in the CCSVI positive group compared with the negative group. Similarly, the mean ACS signal, shown in Figure 3, was significantly greater ($p=0.021$) in the CCSVI positive group compared with the negative group.

Univariate analysis

Table 2 shows the quantitative assessment and univariate analysis results for the respective MRI variables, with the subjects grouped according to CCSVI status. This reveals that although NLVV was increased in the CCSVI positive group, this increase was not significant. A statistically significant 32% increase in CSF NPF towards the lateral ventricles ($p=0.008$) was observed in the CCSVI positive group. A similar increase was observed in NNF towards the spine in the CCSVI positive individuals, but this did not reach significance. Likewise, the decrease in CSF NF in the CCSVI positive individuals did not reach significance. The 28% increase in the mean ACS value ($p=0.021$) in the CCSVI positive group compared with the CCSVI negative group was significant.

Correlation analysis

Correlation analysis of the MRI data revealed that associations between NLVV and the CSF related variables in CCSVI positive subjects were generally weaker than in CCSVI negative subjects. For example, Figure 4 presents a scatter plot of NNF versus NLVV, which in the CCSVI negative group exhibited a relatively strong negative correlation ($r=-0.686$, $p<0.001$), but was lost in the CCSVI positive group ($r=-0.103$, $p=0.674$) – a change that was significant using a Fisher transformation ($p=0.018$). Likewise, the strong positive correlations between the variables NPF and NLVV ($r=0.761$, $p<0.001$), and ACS and NLVV ($r=0.720$, $p<0.001$) in the CCSVI negative group were weaker in the positive group ($r=0.404$, $p=0.086$ and $r=0.454$, $p=0.051$). However, these changes were not significant.

No significant correlation was observed between VHISS score and any of the MRI variables for either group, or indeed when both groups were aggregated together.

Singular value decomposition cluster analysis

SVD analysis was performed using just three variables NNF, NPF and NLVV (being a derived variable, NF was excluded from the SVD analysis). The results of this analysis are presented in Figure 5, which shows a plot of the first LSV against the third LSV. The LSVs are composite variables derived from the original variables, which have been orthogonalized. This analysis separates the CCSVI positive and negative groups relatively well, although

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3 there is some overlap. The two groups can be broadly separated by the
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5 straight-line equation:
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$$9 \quad \text{LSV3} = (2.6 \times \text{LSV1}) + 0.04 \quad (2)$$

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14 Separating the groups using this equation yields sensitivity and specificity
15 scores of 73.7% and 71.9% respectively ($p=0.025$). The singular values
16 associated with the first, second and third LSVs were 11.008, 5.058 and 1.800
17 respectively. This indicates that the first LSV explains 80.8% of the variance in
18 the system, while the second and third LSVs explain 17.0% and 2.2% of the
19 variance, respectively. The composition of the various LSVs is presented in
20 Table 3, which shows the linear coefficients that must be applied to the each
21 variable in order to reconstruct the respective LSVs. From this it can be seen
22 that the coefficients relating to variables NNF and NPF are more dominant in
23 the first and third LSVs, whereas the coefficient relating to NLVV is more
24 dominant in the second LSV.
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43 **Discussion**

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45 The subject of CCSVI has been mired with controversy (8,36), with many
46 researchers doubting that it is indicative of any pathology (8-13). However,
47 there is growing evidence that restricted cerebral venous outflow is a
48 phenomenon that is more prevalent in patients with MS, (1-3,5,37), even
49 though it is also observed in both healthy individuals (4,6,7) and those with
50 other neurological disease (4). While the reasons for this are unclear, it has
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3 been shown using cervical plethysmography (16,17) that MS patients
4 diagnosed with CCSVI exhibit on average a 63.5% increase in the hydraulic
5 resistance of the venous pathways from the brain to the heart compared with
6 CCSVI negative healthy controls. As such, it raises intriguing questions as to
7 whether the increase in aqueductal CSF pulsatility observed in MS patients
8 (19) is associated with MS or CCSVI. If increased CSF pulsatility were purely
9 an attribute of MS, then one would not expect the phenomenon to be present
10 in CCSVI positive healthy controls.
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22 In an attempt to answer the above question, we undertook the present study,
23 with the aim of establishing whether or not CCSVI is associated with altered
24 intracranial CSF dynamics in healthy individuals with no known neurological
25 pathology. From the results in Table 2 and figures 1-3 it appears that CCSVI
26 is associated with changes in the aqueductal CSF flow dynamics in healthy
27 individuals. In particular, NPF was significantly increased ($p=0.008$) in the
28 CCSVI positive group compared with the CCSVI negative group. NNF was
29 also increased, but this was not significant. Likewise, NF decreased in the
30 CCSVI positive group, but this was not significant. Comparison between the
31 aqueductal CSF flow curves published by Magnano et al (18) for both MS
32 patients and healthy controls reveals similar curves to those for the healthy
33 CCSVI positive and negative subjects in the present study, suggesting that
34 increased aqueductal pulsatility may be primarily associated with impaired
35 cerebral venous drainage rather than MS itself. Indeed, the fact that we found
36 greatly increased NPF in CCSVI positive healthy individuals, just as Zamboni
37 et al (19), Gorucu et al (20), Magnano et al (18) all observed in MS patients,
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3 further implies that the phenomenon may be biomechanical in nature, rather
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5 than due to neuronal damage/brain atrophy.
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10 Being encased in a rigid enclosure, the brain employs a complex intracranial
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12 fluid regulatory mechanism to compensate for increased blood flow during
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14 systole. This system compensates for the transient increase in arterial blood
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16 entering the cranium during systole, by displacing an approximately equal
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18 volume of CSF through the foramen magnum into the spinal column (38). It
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20 does this by employing a sophisticated windkessel mechanism to smooth
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22 blood flow through the cerebral capillary bed (39,40); something that appears
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24 to be sensitive to changes in the cerebral venous system (41-43). Indeed, it
25
26 has been postulated that the venous system plays an important role in
27
28 regulating the dynamics of the intracranial fluid system (44). While the
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30 mechanisms involved are poorly understood, it can be hypothesized that
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32 impairment of cerebral venous outflow is likely to induce retrograde
33
34 hypertension in the dural sinuses, as Zamboni et al (45) observed; something
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36 that might reduce intracranial compliance resulting in altered CSF behaviour
37
38 (43). Evidence supporting this model comes from Luetmer et al (23), Schroth
39
40 & Klose (24), Gideon et al (25), Kim et al (26), El Sankari et al (27) and
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42 Bradley (28), all of whom found CSF pulsatility in the AoS to be markedly
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44 greater in NPH patients compared with controls. Given that reduced
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46 intracranial compliance (29,30,46,47), induced by venous hypertension, is
47
48 thought to be involved in NPH (29,30,48,49), this suggests that impaired
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50 venous outflow is capable of altering the intracranial CSF dynamics, just as
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52 we observed in the CCSVI positive healthy individuals. Further evidence to
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3 support this opinion comes from an interventional study by Zivadinov et al
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5 (50) in which percutaneous transluminal venous angioplasty was shown to
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7 reduce aqueductal CSF pulsatility in MS patients diagnosed with CCSVI.
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9 Although abnormal CSF dynamics and their relation to health verses disease
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11 status is beyond the scope of this article, it is noticeable that their role in
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13 neurodegenerative disease is becoming increasingly contemplated (51).
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18 One interesting finding of our study was that CCSVI appeared to be
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20 associated with a weakening in the correlation between the aqueductal CSF
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22 pulse variables and NLVV. In healthy individuals there is normally a strong
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24 correlation between lateral ventricle size and aqueductal CSF flow (52).
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26 However, in the CCSVI positive group we found the correlations between
27
28 NNF, NPF, ACS and NLVV to be markedly weaker than that in the CCSVI
29
30 negative group. While the reasons for this are not understood, it may be that
31
32 structural changes are at work. Evidence supporting this opinion comes from
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34 the ensemble mean ACS over the cardiac cycle. This signal is derived by
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36 dividing each CSF flow signal, by the corresponding CSF velocity signal and
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38 therefore represents the changes in the AoS area throughout the cardiac
39
40 cycle. The mean ACS is significantly different in both groups, with the mean
41
42 aqueductal area being substantially larger in the CCSVI positive group
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44 compared with the CCSVI negative group. From this it can be concluded that
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46 the increased CSF pulsatile flow in the CCSVI positive group is facilitated
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48 more by enlargement of the AoS than any increase in CSF velocity.
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3 This study is not without limitations. First, the number of the enrolled healthy
4 individuals was relatively small and therefore further studies should extend
5 our findings using a larger sample size. Second, the diagnosis of CCSVI was
6 established only by using DS, while recent studies suggest that increased
7 sensitivity and specificity of CCSVI diagnosis, can be achieved using a variety
8 of non-invasive and invasive imaging approaches (53). Lastly, the effect of
9 altered CSF pulsatility on long-term neurologic outcomes is unknown, and
10 only longitudinal studies will be able to provide further insight on this important
11 question.
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25 In conclusion, the results of the study suggest that CCSVI is associated with
26 intracranial biomechanical changes in healthy individuals. Indeed, such was
27 the magnitude of the changes observed that it was relatively easy to
28 discriminate, using SVD analysis, between the CCSVI positive and negative
29 groups using just the three variables NNF, NPF and NLVV. Given that
30 impaired cerebral venous outflow has been shown to be associated with MS
31 (16,17), this implies that similar changes in intracranial CSF dynamics
32 observed in MS patients (18-20), might be primarily due to the presence of
33 CCSVI rather than due to neuronal damage.
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of extra-cranial venous system anomalies and developmental variants.

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Tables

Table 1. Demographic, clinical and whole brain volume characteristics in healthy CCSVI positive and negative individuals.

	CCSVI negative (n = 32)	CCSVI positive (n = 19)	Significance (p value)
Female gender, n (%)	21 (65.6)	9 (47.4)	0.200
Age in years, mean (SD)	44.3 (14.8)	44.5 (19.1)	0.967
BMI, mean (SD)	25.7 (5.3)	27.1 (5.3)	0.317
Hypertension, n (%)	2 (6.3)	0 (0.0)	0.266
Heart Disease, n (%)	5 (15.6)	2 (10.5)	0.609
Current Smokers, n (%)	3 (15.0)	0 (0.0)	0.143
Ever Smokers, n (%)	13 (65.0)	6 (13.0)	0.285
Type 1 Diabetes, n (%)	0 (0.0)	0 (0.0)	1.000
VH criteria score, mean (SD)	0.66 (0.48)	2.37 (0.60)	<0.001
VHISS score, mean (SD)	1.31 (1.06)	4.42 (1.43)	<0.001
NBV, mean (SD)	1531.4 (86.0)	1509.2 (74.8)	0.340

CCSVI - chronic cerebrospinal venous insufficiency; BMI – body mass index; VH – venous hemodynamic; VHISS – venous hemodynamic insufficiency severity score; NBV – normalized brain volume.

The differences between the study groups were tested using the student's t-test and chi-square test.

Table 2. MRI characteristics in healthy individuals.

	CCSVI	CCSVI		
	Negative	Positive	Significance	Effect Size
	(n = 32)	(n = 19)	(p value)	Cohen's d
NNF ($\mu\text{L}/\text{beat}$), mean (SD)	-27.6 (19.5)	-33.3 (16.9)	0.092	0.304
NPF ($\mu\text{L}/\text{beat}$), mean (SD)	23.6 (22.0)	31.2 (13.6)	0.008	0.391
NF ($\mu\text{L}/\text{beat}$), mean (SD)	-4.0 (7.5)	-2.1 (8.9)	0.080	0.245
Mean ACS (mm^2), mean (SD)	1.0 (0.5)	1.3 (0.5)	0.021	0.585
NLVV (mL), mean (SD)	37.5 (21.5)	44.1 (18.3)	0.147	0.322

CCSVI - chronic cerebrospinal venous insufficiency; NNF – net negative CSF flow;
 NPF – net positive CSF flow; NF – net CSF flow (i.e. NNF+NPF); NLVV – normalized
 lateral ventricle volume.

The differences between the study groups were tested using the Mann-Whitney U-
 test, and Cohen's d test.

Table 3. Composition of respective left singular vectors (LSVs) used in the singular value decomposition (SVD).

	NNF	NPF	NLVV
First LSV	0.0566	-0.0535	0.0467
Second LSV	-0.0402	0.1015	0.1648
Third LSV	-0.4194	-0.3468	0.1113

NNF – net negative CSF flow; NPF – net positive CSF flow; NLVV – normalized lateral ventricle volume.

NB. The values in the table are the linear coefficients that must be applied to the component variables in order to reconstruct the respective LSVs.

Figure Captions

Figure 1. Ensemble mean aqueductal CSF flow signal over a cardiac cycle for both the CCSVI positive and negative groups. Between groups difference in positive amplitude ($p=0.023$) and negative amplitude ($p=0.044$). The phases of cycle where the difference between the signals is significant ($p<0.050$) are 8-14, 21 and 26-32. (Error bars represent one standard deviation.)

Figure 2. Ensemble mean aqueductal CSF velocity signal over a cardiac cycle for both the CCSVI positive and negative groups. Between groups difference in positive amplitude ($p=0.136$) and negative amplitude ($p=0.316$). A statistically significant difference between the signals ($p<0.050$) is only observed for phase 32 of the cycle. (Error bars represent one standard deviation.)

Figure 3. Sequential ensemble mean ACS over a cardiac cycle for both the CCSVI positive and negative groups. Between groups mean ACS, $p=0.021$. The phases of cycle where the difference between the signals is significant ($p<0.050$) are 8-10, 14-15, 18-28 and 30-32. (Error bars represent one standard deviation.)

Figure 4. Scatter plot of NNF verses NLVV for the CCSVI positive and negative groups. CCSVI negative group ($r=-0.686$; $p<0.001$) and CCSVI positive group ($r=-0.103$; $p=0.674$).

1
2
3 Figure 5. Singular value decomposition (SVD) cluster analysis results (derived
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5 using the three variables NNF, NPF and NLVV) ($p=0.025$).
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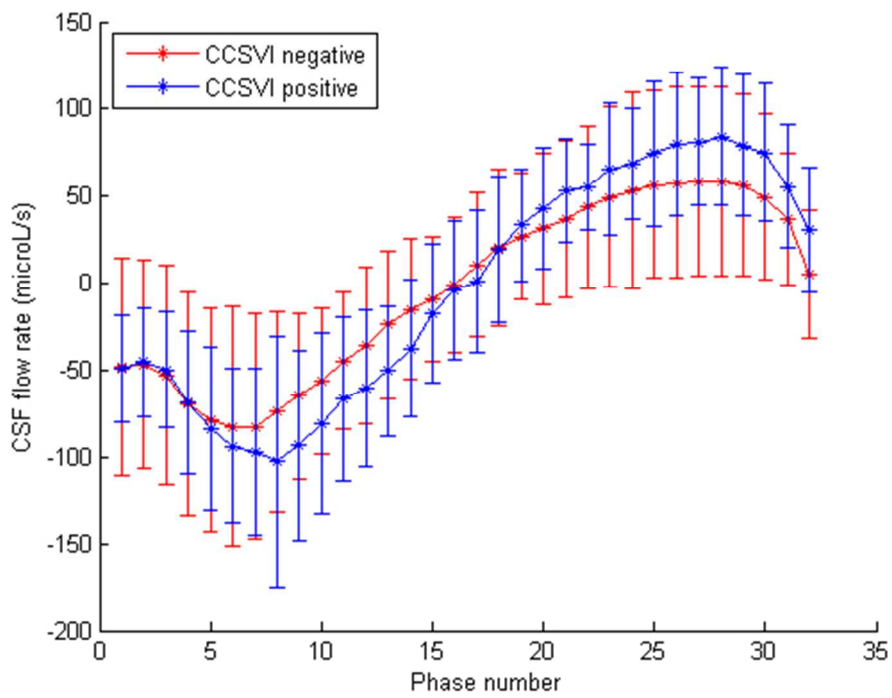


Figure 1. Ensemble mean aqueductal CSF flow signal over a cardiac cycle for both the CCSVI positive and negative groups. Between groups difference in positive amplitude ($p=0.023$) and negative amplitude ($p=0.044$). The phases of cycle where the difference between the signals is significant ($p<0.050$) are 8-14, 21 and 26-32. (Error bars represent one standard deviation.)
148x111mm (96 x 96 DPI)

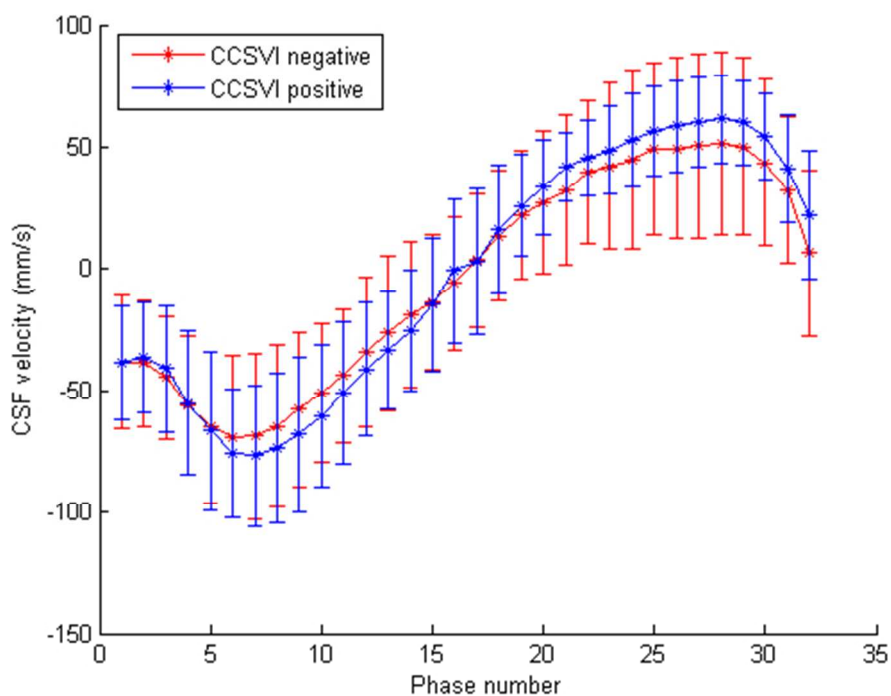


Figure 2. Ensemble mean aqueductal CSF velocity signal over a cardiac cycle for both the CCSVI positive and negative groups. Between groups difference in positive amplitude ($p=0.136$) and negative amplitude ($p=0.316$). A statistically significant difference between the signals ($p<0.050$) is only observed for phase 32 of the cycle. (Error bars represent one standard deviation.)

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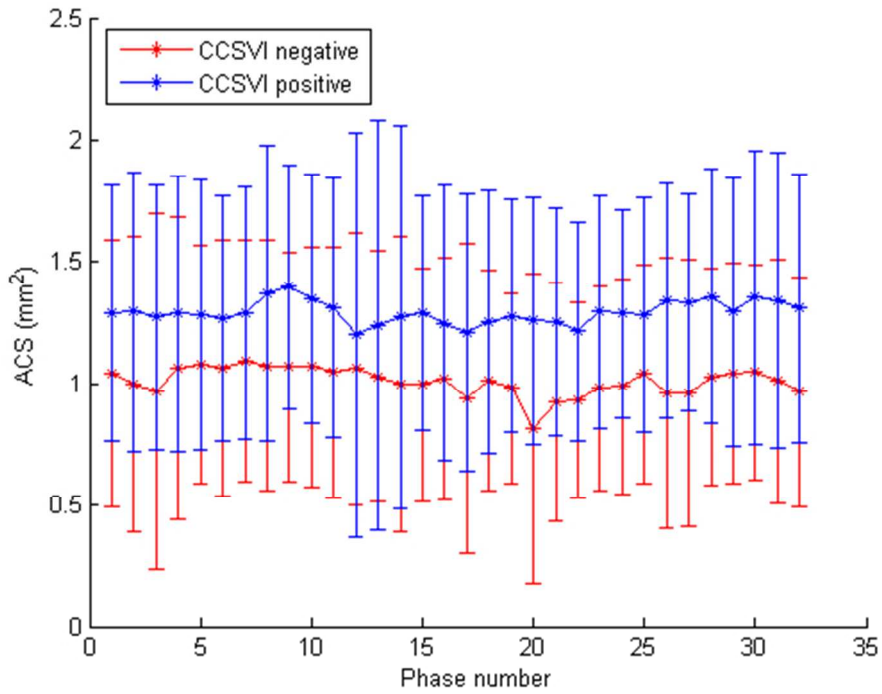


Figure 3. Sequential ensemble mean ACS over a cardiac cycle for both the CCSVI positive and negative groups. Between groups mean ACS, $p=0.021$. The phases of cycle where the difference between the signals is significant ($p<0.050$) are 8-10, 14-15, 18-28 and 30-32. (Error bars represent one standard deviation.)
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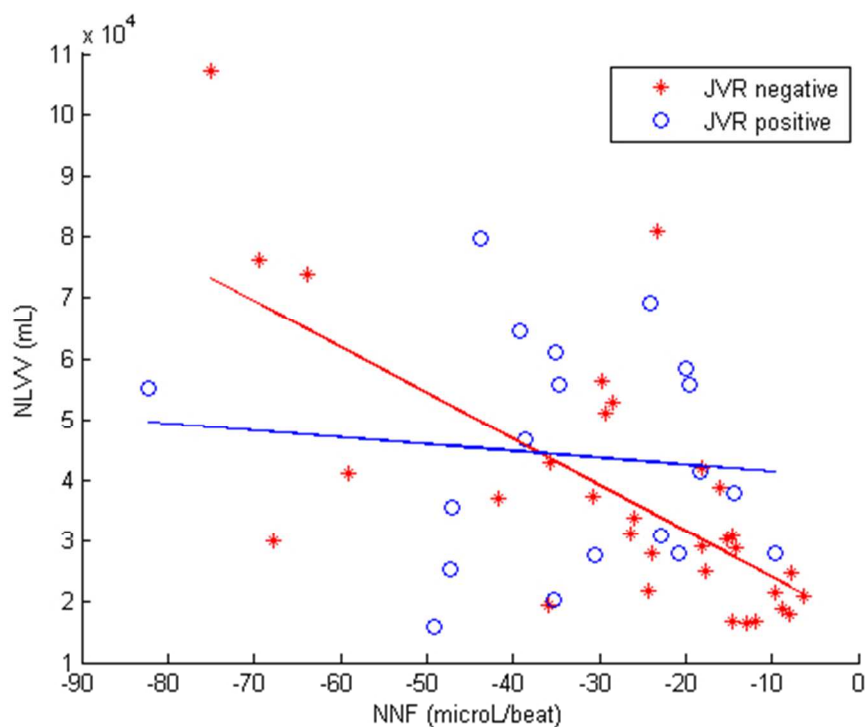


Figure 4. Scatter plot of NNF versus NLVV for the CCSVI positive and negative groups. CCSVI negative group ($r=-0.686$; $p<0.001$) and CCSVI positive group ($r=-0.103$; $p=0.674$).
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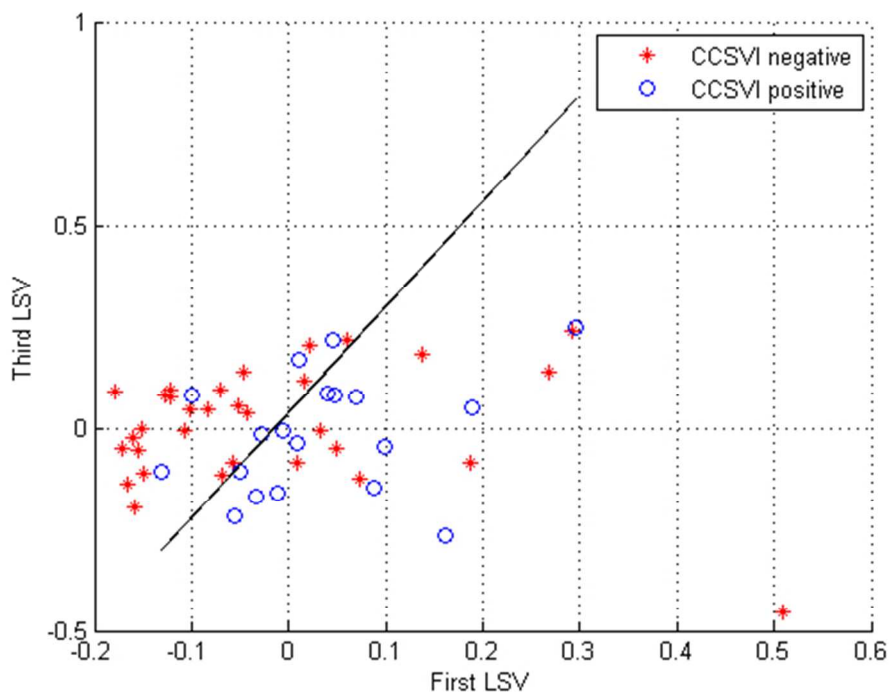


Figure 5. Singular value decomposition (SVD) cluster analysis results (derived using the three variables NNF, NPF and NLVV) ($p=0.025$).
148x111mm (96 x 96 DPI)

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